



U8 Guidelines

1. Paper Scissor Rock or Visitor calls coin toss.
2. Corner kicks and throw-ins are allowed.
3. Improper throw-ins will be allowed a second try.
4. U8 throw-ins (You cannot score on direct throw in, ball must be touched by other players)
5. No goalkeepers, and no permanent defenders. This means you can not park a kid in front of the goal or near the goal. (Defense needs to shift with play)
6. No jewelry, no exceptions.
7. Ball Size: 3
8. U8: 5v5 10-minute quarters (No Coach on field)
2 Minute Break between quarters with a 5 Minute Halftime.
9. No headers.
10. Shin Guards are required.

11. Turf soccer shoes or soccer cleats only. No football & baseball cleats (extra toe cleat).

12. Spectators are there to spectate. Coaches should be the only voice of direction for the players.

13. No slide tackling.

14. Free kicks opposing team must back away at least 5 yards

15. Penalty Kicks, ALL players must stand behind the half field line and allow the awarding team to take a Direct free kick from the kick off spot. Once the ball has been put into play it is a live ball.

15. Goal kicks, opposing team must back up to the center line (half field)